

# THE CLUB AT DUNES WEST

## SWIM LESSONS 2010 SCHEDULE



### A) Parent and Tot:

Ages 6 months to 3 years

Four 30 minute classes to teach parents how to work with their children in the water.

June 14-17 session                      8:30-9:00 A.M.

July 12-15 session                      8:30-9:00 A.M.

### B) Pre-Beginner:

Ages 3 to 5

Four 30 minute classes for non-swimmers. Participants will learn basic water adjustment skills: blowing bubbles, submerging, floating, and stroke basics.

June 14-17 session                      9:00-9:30 A.M.

June 21-24 session                      9:00-9:30 A.M.

July 12-15 session                      5:00-5:30 P.M.

July 19-22 session                      9:00-9:30 A.M.

### C) Beginner:

Ages 5 to 7

Four 30 minute classes for beginner swimmers. Class will focus on front and back crawl, diving, and retrieving objects.

June 14-17 session                      9:30-10:00 A.M.

June 21-24 session                      9:30-10:00 A.M.

July 12-15 session                      5:30-6:00 P.M.

July 19-22 session                      9:30-10:00 A.M.

### D) Advanced Beginner:

Ages 7 to 10

Four 45 minute classes for more experienced swimmers. Refine all strokes and explore deep water skills.

June 14-17 session                      10:00-10:45 A.M.

July 12-15 session                      6:00-6:45 P.M.

July 19-22 session                      10:00 A.M.-10:45 A.M.

### IMPORTANT NOTES:

\* All weekly sessions are 4 days long; Monday-Thursday (Fridays are make-up days).

\* **All swim lessons will take place at the Main Pool.**

\* Each lesson must have at least three children in attendance for the lesson to proceed.

\* Club Members must register their children at least one week in advance of the selected session(s).

There are fifteen (15) spaces available in each weekly session.

\*For **private lessons** (including prices, dates, and other details), please contact Candace at 881-8735.

**THE CLUB AT DUNES WEST**  
**SWIM LESSONS 2010 REGISTRATION FORM**

**Club Member/Guardian Name:** \_\_\_\_\_

**Child's/Swimmer's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Daytime Phone Number:** \_\_\_\_\_

**E-mail Address:** \_\_\_\_\_

**Please Circle One:**

- A) Parent-Tot
- B) Pre-Beginner
- C) Beginner
- D) Advanced Beginner

**Date(s) of Session(s):** \_\_\_\_\_

**Cost:**

- A) Parent and Tot: **\$40** per weekly session
- B) Pre-Beginner: **\$50** per weekly session
- C) Beginner: **\$50** per weekly session
- D) Advanced Beginner: **\$55** per weekly session

**Amount Enclosed\*:** \_\_\_\_\_

\*(Please make checks payable to "The Club at Dunes West")

\*Club Members must register their children at least one week in advance of the selected session(s).